

Saturday

# August 5



“Then will I go to the altar of God, to God, my joy and my delight. I will praise you with the harp, O God, my God.”  
(Psalm 43:4).

Dear Lord,

There are times when the \_\_\_\_\_ family becomes discouraged and feels robbed of strength because of the load they carry. Nevertheless, the Bible says that the joy of the Lord is their strength.

Therefore, I ask that in times of weakness and tiredness that you would visit this family with joy, which produces strength, and delight, which produces vitality. I pray that you would bring a new wind of strength in their

lives, and bring new vitality to their spirits for days ahead. I ask, Lord, that you would teach them how to have joy and delight in you even when their circumstances are difficult.

In Jesus' Name,

Amen

Journal Notes: